Orientation to WHI SharePoint Website

www.whi.org

Lesley Tinker, PhD, RD
Welcome to the Women's Health Initiative

The Women's Health Initiative (WHI) is a long-term national health study focused on strategies for preventing heart disease, breast and colorectal cancer, and osteoporotic fractures in postmenopausal women. Launched in 1993, the WHI enrolled 161,808 women aged 50-79 into one or more randomized Clinical Trials (CT), testing the health effects of hormone therapy (HT), dietary modification (DM), and/or calcium and Vitamin D supplementation (CaD) or to an Observational Study (OS). At the end of the initial study period in 2005, the WHI Extension Study (2005-2010, 2010-2015) continued follow-up of all women who consented.

This groundbreaking study changed the way health care providers prevent and treat some of the major diseases impacting postmenopausal women. Results from the WHI Hormone Trials have been estimated to have already saved $35.2 billion in direct medical costs in the US alone. To date, WHI has published over 1,300 articles and approved 240 ancillary studies.

Interested scientists are encouraged to submit paper and ancillary study proposals for using WHI data. To assist in this, this website includes an overview of WHI study documentation, and information on how to submit a paper or ancillary study proposal.

WHI News

Featured Publication - Ages at menarche and menopause and reproductive lifespan as predictors of exceptional longevity in women: the Women's Health Initiative

The objective of this study was to investigate associations between reproductive factors and survival to age 90 years. This was a prospective study of 16,251 postmenopausal women from the Women's Health Initiative followed for up to 21 years until August 29, 2014. Women were classified as having survived to age 90 (exceptional longevity) or died before age 90. Participants were on average aged 74.7 (range, 69-81) years at baseline. Of 16,251 women, 8,892 (55%) survived to age 90. Women experiencing their first period at ≥12 years old and natural or surgical menopause at ≥50 years old were more likely to live to age 90. Additionally, women with over 40 reproductive years (defined as the difference between age at menopause and age at first period) were more likely to live to age 90. In conclusion, women with later age at first period, later age at menopause, and more reproductive years were more likely to achieve exceptional longevity.

View past news stories

WHI Clinical Centers

[Map of WHI Clinical Centers]
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WHI Basics
Researchers

Welcome WHI researchers! These pages contain information for current and new WHI investigators. If you are interested in working with WHI data or biospecimens, this website provides helpful resources for getting started. Included in this section are:

- Ways to get involved - learn how to propose a manuscript using WHI data or propose an ancillary study involving WHI participants or specimens, find WHI collaborators, or join a Scientific Interest Group
- WHI Data – learn about what data and specimens were collected during each study phase, access data documentation, view summary tables, and learn how to access WHI datasets
- WHI Forms and Materials – view data collection forms, protocols, consent forms, and procedures manuals for each study phase
- Ancillary Studies – Learn about complete and in progress ancillary studies, including BAA and "Core" studies
- Publications – Browse or search for published WHI manuscripts

If you are new to WHI, we encourage you to review About WHI for an overview of the study, and to visit Researchers/Get Involved for help getting started.
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https://www.whi.org/researchers/SitePages/Home.aspx
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Researchers > Dataset Documentation

Dataset Documentation

Periodically, a snapshot of the WHI database is created and dataset files are created from these data. Documentation for these datasets can be found on this page. The documentation is available to all, but to download the data files one must be one of the following...

- A current WHI Principal Investigator
- An Ancillary Study Principal Investigator
- A former WHI Principal Investigator who was active during the first WHI Extension (2005-2010) for at least one year
- Lead author on an approved paper

Investigators meeting the above criteria who want access to WHI Datasets must complete the WHI Data Use Agreement. If you already have access, sign in using the “Sign In” link at the upper right-hand corner of the page. If you need help, contact the WHI Helpdesk.

Datasets were last updated December 16, 2015.

WHI Dataset Documentation

Datasets By Category

- Demographics, study status, eligibility and adherence
- Diet
- Medical and physical measurements
- Medical history
- Medications and supplements
- OS follow-up
- Outcomes, adjudicated and self-reported
- Psychosocial and personal habits
- Specimen results
- Supplemental Extension Study forms

Search for dataset variables

Useful for finding variables when

About WHI Data Collection and Procedures

We strongly encourage you to review the following documents, which are helpful in understanding the WHI data:

- WHI data preparation - Please read prior to downloading data. This document explains how the datasets were created and how to use them in analysis.

- Frequency of data collection
  - Frequency for WHI 1993-2005 - The data forms collected at each participant contact, specified by study component
  - Participant Characteristics over Time
  - Subsample definitions - summary of data collection subsamples shown in Frequency of data collection tables
SAS Variables Search

Use the search function below to search for dataset variables, which will help you to locate the appropriate files for download. To view the entire list format: right-click to save a local copy, otherwise you may encounter a sign-in prompt.

Please note that laboratory data are not included in search results. For a listing of available laboratory test results, please click here.

This search supports partial-text queries. For example, enter "smok" to return results containing "smoke" or "smoking."

To start again, click "Reset Search."

[Search function with options to submit query or reset search]
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September 1, 2016, marks the official close of the NHLBI-funded WHI. Please click on the link above to view more information, including the agenda of topics covered, along with registration and travel information. Registration closes September 1, 2016.

WHI stroke adjudicator efforts to eliminate OS and DM case backlog complete
In January 2015 there were 2220 stroke cases remaining from the original 5,000 identified in the WHI Observational Study and Diet Modification Trial that required adjudication before the end of Extension II. With a goal of completing all cases by March 31, 2016, the Stroke Adjudication Committee—consisting of 9 physicians—agreed to increase their monthly caseload in order to complete these cases on time, many doubling or tripling their expected monthly caseload. As a result of the Stroke Committee’s ambitious efforts, all cases were assigned by January 12, 2016, and are expected to be completed ahead of the March 31st deadline. We extend our many thanks to the Stroke Committee members for their instrumental contributions and commitment to the Outcomes Adjudication Committee.

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**WHI Publications and Paper Proposals (Excel)**

This page provides an Excel-based view of all publications and approved paper proposals, which should be compatible with most browser and operating system platforms. This view allows you to perform basic sorting and filtering by column. You can subsequently download the results to your desktop version of Excel (by clicking “Download a Snapshot,” under “File”) for subsequent manipulation and usage.

SharePoint sign-in is not required to access WHI Publications and Paper Proposals (Excel). However, SharePoint sign-in with manuscript-viewing privileges is required to view full-text papers and proposals.

Please contact the Help Desk with questions or concerns.

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Bibliography Advanced Search

The Advanced Search allows for criteria to be specified and for Boolean operators to be selected. In addition, criteria can be grouped (e.g., you can search for criteria that contain "cancer" OR "diabetes" (the grouped criteria) AND have a convener of "Smith"). To group criteria, select the appropriate rows, and select "group." Additional rows will appear as Boolean operators are selected.

Additional usage notes:

- Due to a limitation with this feature, system fields are also available, which are generally uninformative. Please only specify criteria that utilize the MS ID, Title, Convener, Full Citation, Keywords, Study Component Full-Text Abstract, or Stage Summary fields.
- Please leave the "Display search result using this view" set at its default.

Search within this list: Publications and Proposals

[Field Name] [Comparison] [Value] [And/Or]

Display search result using this view: All Items [Group] [Ungroup] [Delete]

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WHI Website Orientation (www.whi.org)
WHI GO! You are now evolved!

Thank you! www.whi.org Happy Searching!