



Type 2 Diabetes | Participant Webinar #16 | Agenda

Wed, April 17th, 2024; 11am PT/1pm CT/2pm ET

Time (PDT)	Content	Speaker/ Presenter
11:00am	Welcome remarks; previous webinar information; webinar topic introduction and etiquette Poll question: Do you have Type 2 diabetes or do you know a close friend or loved one with Type 2 diabetes?	Dr. Cyndi Thomson
11:03am	Introduce Dr. Lesley Tinker Presentation Topic: Empowering Your Health: Lifestyle Strategies to Prevent Type 2 Diabetes	Dr. Cyndi Thomson <u>Dr. Lesley Tinker</u> <i>Nutrition Scientist and WHI Investigator Fred Hutchinson Cancer Center Seattle, WA</i>
11:05am	Presentation: “Empowering Your Health: Lifestyle Strategies to Prevent Type 2 Diabetes”	Dr. Lesley Tinker
11:12 am	Introduce Dr. Andrea Glenn Presentation Topic: “Dietary Patterns and Risk of Type 2 Diabetes in the Women’s Health Initiative”	Dr. Lesley Tinker <u>Dr. Andrea Glenn</u> <i>Postdoctoral Research Fellow and Registered Dietitian Harvard T.H. Chan School of Public Health and the Department of Nutritional Sciences at the University of Toronto</i>
11:14 am	Recorded Presentation: “Dietary Patterns and Risk of Type 2 Diabetes in the Women’s Health Initiative”	Dr. Andrea Glenn
11:24 am	Dr. Tinker to resume her presentation Presentation: “Steps, Sitting, Sleep, and Social Associations with Risk of Type 2 Diabetes”	Dr. Lesley Tinker
11:34 am	Panel discussion: Q&A from the audience	ALL Moderator: Dr. Cyndi Thomson
11:53 am	Closing Remarks	Dr. Cyndi Thomson