



WHI Clinical Coordinating Center

Hydration: How Water Impacts Your Body & Mind | Participant Webinar #21 | Agenda

Time (PDT)	Content	Speaker/ Presenter
11:00am	Welcome remarks; previous webinar information; webinar topic introduction and etiquette	Dr. Cyndi Thomson
11:02am	Introduce Dr. Paul Jacques	Dr. Cyndi Thomson <u>Dr. Paul Jacques</u> <i>Senior Scientist, The HNRCA at Tufts University</i> <i>Professor, The Friedman School of Nutrition Science and Policy, Tufts University</i>
11:03am	Presentation, "Hydration and Healthy Aging.pptx"	Dr. Paul Jacques
11:19am	Panel discussion: Q&A from the audience	ALL Moderator: Dr. Cyndi Thomson
11:33am Transition/Close	Closing Remarks	Dr. Cyndi Thomson