



Dear Friend,

We appreciate your participation in the Women's Health Initiative Long Life Study. The final home visits for this important study were completed in May 2013. Since the start of the study in March 2012, we have completed over 7,800 Long Life Study visits with WHI participants. We are thrilled with the success of the Long Life Study, which we couldn't have done without you!

As the Long Life Study comes to a close, we would like to thank you again for helping us learn more about health, aging, and the health effects of physical activity. Whether your visit was one week ago or one year ago, we are grateful that you generously agreed to take part. The data collected at your WHI Long Life Study visit will be used for years to come in research projects designed to benefit the health and well-being of women. Findings from this study and other WHI projects will be reported in upcoming issues of the *WHI Matters* newsletter, as well as on the participant website at www.whi.org.

On behalf of the entire WHI, we thank you for your partnership over these many years and look forward to your continued involvement in the WHI Extension Study. If you have any questions, please call our toll free message line at 1-800-550-0025.

Warmest regards,

Garnet Anderson, PhD
WHI Clinical Coordinating Center
Principal Investigator

Andrea LaCroix, PhD
WHI Clinical Coordinating Center
Co-Principal Investigator

P.S. If you are also in the Physical Activity Study, please send in your monthly Falls Calendars for the full year. If you have not yet worn a physical activity monitor, don't worry! We'll contact you in coming months about this part of the study.