

- Affix Member ID Label Here-

Member ID: \_ \_ \_ \_ - \_ \_ \_ \_ - \_ \_

First Name \_ \_ \_ \_ \_ M.I. \_ \_

Last Name \_ \_ \_ \_ \_

**DO NOT SEPARATE THE PAGES OF THIS FORM**

1. NBS Visit 4 Date: \_ \_ \_ \_ - \_ \_ \_ \_ (MM/DD/YY)

2. Visit 4 Staff ID: \_ \_ \_ \_

3. Contact Type: ☒ <sub>3</sub> Visit

4. Visit Type: ☒ <sub>4</sub> Non-Routine

#### VISIT 4 PARTICIPANT UPDATE

5. Staff ID to Indicate Completion of the  
Visit 4 Participant Update Worksheet: \_ \_ \_ \_

#### WEIGHT

6. Weight Measure Staff ID: \_ \_ \_ \_

7. Weight: \_ \_ \_ \_ . \_ \_ kg

8. Visit 4 Specimen Number:

Affix  
"Form 78  
NBS  
Visit 4"  
Label Here

Visit 4  
QC Label # 1

Visit 4  
QC Label # 2

K \_ \_ \_ \_

**TIME 0 (Fasting)****9. TIME 0 (Fasting) URINE COLLECTION**

Collect a 4mL specimen using a 5mL Corning cryovial.  
Use "NBS Urine Visit 4 Time 0" label.

9.1. Time 0 Urine Staff ID:

9.2. Time Collected:  :  (Hr:Min) ☐<sub>1</sub> AM ☐<sub>2</sub> PM

**10. TIME 0 (Fasting) BLOOD DRAW**

| Sequence | Vacutainers                           | Cryovials             | Cryovial Labels<br>Use "NBS Plasma Visit 4"<br>labels with cryovial numbers |
|----------|---------------------------------------|-----------------------|-----------------------------------------------------------------------------|
| First    | Three - 7 mL Royal Blue               | Four - 1.8 mL serum   | 02, 03, 04, 05                                                              |
| Second   | One - 10 mL Lavender, <u>DRY</u> EDTA | Three - 1.8 mL Plasma | 10, 11, 12                                                                  |

10.1. Time 0 Blood Draw Staff ID:

10.2. Time of Draw:  :  (Hr:Min) ☐<sub>1</sub> AM ☐<sub>2</sub> PM

10.3. Time 0 Blood Processing Staff ID:

**11. 24-HOUR URINE COLLECTION AND PROCESSING**

1. Record total volume.
2. Centrifuge 10 mL
3. Aliquot three 1.8 mL cryovials.

11.1. 24-Hour Urine Staff ID:

11.2. Total Volume:  mL

**TIME 1 – One Hour After Fasting Urine****12. TIME 1 URINE COLLECTION**

Collect a 4mL specimen using a 5mL Corning cryovial.  
Use "NBS Urine Visit 4 Time 1" label.

12.1. Time 1 Urine Staff ID:

12.2. Time Collected:  :  (Hr:Min) ☐<sub>1</sub> AM ☐<sub>2</sub> PM

13. Arrangements Made for Time and Travel Costs: ☐<sub>1</sub> Yes  
☐<sub>0</sub> No

Please review the entire form for completeness.

14. Visit 4 Completeness Staff ID:

**NOTES:**