



# Form 157 Supplemental Questionnaire 2014-2015

This booklet has questions about your behavior, feelings, and experiences. Please answer each question as honestly as you can. No one will see your answers except for the scientists and staff at WHI.

1. Do you live alone?  $\bigcirc$  No  $\bigcirc$  Yes

2. Please mark the circle that best describes your current living arrangement:

- $\bigcirc$ <sup>1</sup> Independently in the community (for example in your home or apartment)
- $\bigcirc$  <sup>2</sup> With a family member other than your spouse, such as a sibling or daughter/son
- O<sup>3</sup> In an assisted living facility
- O₄ In a skilled nursing facility
- ○<sup>5</sup> Other type of living arrangement (Specify: \_\_\_\_
- 3. Has any member of your family (mother, father, full-blooded sister or brother) been diagnosed with Alzheimer's disease or senile dementia?

$\bigcirc \circ$ No $\bigcirc \circ$ Yes $\longrightarrow$	3.1. Who? Please mark all that apply.				
○ <sup>9</sup> Don't know	O <sup>1</sup> Mother O <sup>2</sup> Father	<ul> <li>Any brother</li> <li>Any sister</li> </ul>			

The	next questions ask about companionship.	Hardly Ever	Some of the time	Often
4.1	How often do you feel that you lack companionship?		<u>○</u> 2	<b>3</b>
4.2	How often do you feel left out?		<u> </u>	<u> </u>
4.3	How often do you feel isolated from others?		<u> </u>	<b>3</b>

Go to the next page.

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## Form 157 – Supplemental Questionnaire

5. Please answer the following questions about yourself. Try not to let an answer to one question affect your answer to other questions. *Mark one circle on each line*.

	Strongly Disagree	Disagree	Neutral (In-between)	Agree	Strongly Agree
5.1 In unclear times, I usually expect the best.		O 2	3	4	5
5.2 If something can go wrong for me, it will.		O 2	3	4	5
5.3 I'm always hopeful about my future.		O 2	3	4	5
5.4 I hardly ever expect things to go my way.		O 2	3	4	5
5.5 I rarely count on good things happening to me.		O 2	3	4	5
5.6 Overall, I expect more good things to happen to me than bad.		O 2	3	4	5

#### 6. This set of questions asks you to think about the future.

		Absolutely Agree	Somewhat Agree	Neutral (In-between)	Somewhat Disagree	Absolutely Disagree
reac	I that it is impossible to h the goals I would like to e for.	0	0 1	O 2	3	0 4
hope	future seems to me to be eless, and I can't believe that gs are changing for the better.	0	0 1	○ 2	3	4

### 7. Rate how intensely you felt each emotion during the past 24 hours by marking a circle on each line.

	Not at all	A little bit	Moderately	A great deal	Extremely
7.1 Amusement	$\bigcirc 1$	O 2	O 3	4	5
7.2 Awe		O 2	3	4	5
7.3 Gratitude		O 2	3	0 4	5
7.4 Hope		<u> </u>	3	0 4	5
7.5 Interest		<u> </u>	3	0 4	5
7.6 Joy		<u> </u>	3	0 4	5
7.7 Love		<b>O</b> 2	3	0 4	5
7.8 Pride		O 2	3	0 4	5
7.9 Serenity		<u> </u>	3	0 4	5

### Thank you for taking the time to complete this questionnaire.