

The following questions are about your weight and any weight changes you may have had in the past 2 years.

1. In the past 2 years, what was your highest weight? pounds

100	200	300	400	500	600	700		
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		
10	20	30	40	50	60	70	80	90
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
1	2	3	4	5	6	7	8	9
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

2. In the past 2 years, what was your lowest weight? pounds

100	200	300	400	500	600	700		
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>		
10	20	30	40	50	60	70	80	90
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
1	2	3	4	5	6	7	8	9
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

3. In the past 2 years, did you lose five or more pounds on purpose at any time?

☐ No ☐ Yes
☐ Don't know

3.1. What method(s) did you use to lose weight? (Mark all that apply.)

- | | |
|--|--|
| <input type="checkbox"/> Change in diet | <input type="checkbox"/> Commercial weight loss program |
| <input type="checkbox"/> Increased exercise | <input type="checkbox"/> Started or increased smoking |
| <input type="checkbox"/> Redux diet pill (dexfenfluramine) | <input type="checkbox"/> Surgical procedure (such as intestinal bypass or stomach balloon) |
| <input type="checkbox"/> Other diet pill | <input type="checkbox"/> Other (Specify): _____ |

4. In the past 2 years, did you lose five or more pounds not on purpose at any time?

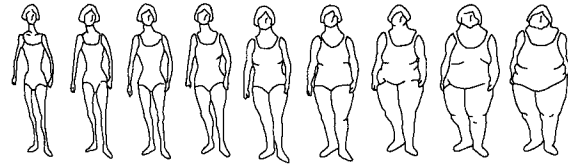
☐ No ☐ Yes
☐ Don't know

4.1. What was the cause of this weight loss? (Mark all that apply.)

- | | |
|--|---|
| <input type="checkbox"/> Illness | <input type="checkbox"/> Loss of appetite |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Other (Specify): _____ |
| <input type="checkbox"/> Stressful time | <input type="checkbox"/> Don't know |
| <input type="checkbox"/> Life events (e.g., change in job or marital status) | |

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5. The figures below are numbered 1-9. Choose a figure to answer each of the questions below.



Choose the figure that:

- | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
|--|---|---|---|---|---|---|---|---|---|
| 5.1. reflects how you <u>think</u> you look. | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ | ⑧ | ⑨ |
| 5.2. reflects how you <u>feel</u> most of the time. | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ | ⑧ | ⑨ |
| 5.3. is your ideal figure (for you). | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ | ⑧ | ⑨ |
| 5.4. <u>you</u> think is ideal for women. | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ | ⑧ | ⑨ |
| 5.5. you think is most <u>preferred</u> by men. | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ | ⑧ | ⑨ |
| 5.6. you think is most <u>preferred</u> by women. | ① | ② | ③ | ④ | ⑤ | ⑥ | ⑦ | ⑧ | ⑨ |

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The following questions are about your usual physical activity and exercise. This includes walking and sports.

6. Think about the walking you do outside the home. How often do you walk outside the home for more than 10 minutes without stopping? (Mark only one.)

① Rarely or never

② 1-3 times each month

③ 1 time each week

④ 2-3 times each week

⑤ 4-6 times each week

⑥ 7 or more times each week

6.1. When you walk outside the home for more than 10 minutes without stopping, for how many minutes do you usually walk?

Less than
20 min.
①

20-39
min.
②

40-59
min.
③

1 hour
or more
④

6.2. What is your usual speed?

① Casual strolling or walking (less than 2 miles an hour)

② Average or normal (2-3 miles an hour)

③ Fairly fast (3-4 miles an hour)

④ Very fast (more than 4 miles an hour)

⑤ Don't know

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7. Not including walking outside the home, how often each week (7 days) do you usually do the exercises below?

7.1. STRENUOUS OR VERY HARD EXERCISE (You work up a sweat and your heart beats fast). For example, aerobics, aerobic dancing, jogging, tennis, swimming laps.

<p>① None</p> <p>② 1 day per week</p> <p>③ 2 days per week</p> <p>④ 3 days per week</p> <p>⑤ 4 days per week</p> <p>⑥ 5 or more days per week</p>	→	<p>7.2. How long do you usually exercise like this at one time?</p> <p>① Less than 20 min.</p> <p>② 20-39 min.</p> <p>③ 40-59 min.</p> <p>④ 1 hour or more</p>
---	---	--

7.3. MODERATE EXERCISE (Not exhausting). For example, biking outdoors, use of an exercise machine (like a stationary bike or treadmill), calisthenics, easy swimming, popular and folk dancing.

<p>① None</p> <p>② 1 day per week</p> <p>③ 2 days per week</p> <p>④ 3 days per week</p> <p>⑤ 4 days per week</p> <p>⑥ 5 or more days per week</p>	→	<p>7.4. How long do you usually exercise like this at one time?</p> <p>① Less than 20 min.</p> <p>② 20-39 min.</p> <p>③ 40-59 min.</p> <p>④ 1 hour or more</p>
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7.5. MILD EXERCISE. For example, slow dancing, bowling, golf.

<p>① None</p> <p>② 1 day per week</p> <p>③ 2 days per week</p> <p>④ 3 days per week</p> <p>⑤ 4 days per week</p> <p>⑥ 5 or more days per week</p>	→	<p>7.6. How long do you usually exercise like this at one time?</p> <p>① Less than 20 min.</p> <p>② 20-39 min.</p> <p>③ 40-59 min.</p> <p>④ 1 hour or more</p>
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The next set of questions asks about some of your usual activities.

8. About how many hours each week do you usually spend doing heavy (strenuous) indoor household chores such as scrubbing floors, sweeping, or vacuuming?

Less than 1 hour	1-3 hours	4-6 hours	7-9 hours	10 or more hours
①	②	③	④	⑤

9. About how many months during the year do you usually do things in the yard, such as mowing, raking, gardening, or shoveling snow?

Less than 1 month	1-3 months	4-6 months	7-9 months	10 or more months
①	②	③	④	⑤

9.1. When you do these things in the yard, how many hours each week do you do them?

Less than 1 hour	1-3 hours	4-6 hours	7-9 hours	10 or more hours
①	②	③	④	⑤

10. During a usual day and night, about how many hours do you spend sitting? Be sure to include the time you spend sitting at work, sitting at the table eating, driving or riding in a car or bus, and sitting up watching TV or talking.

Less than 4 hours	4-5 hours	6-7 hours	8-9 hours	10-11 hours	12-13 hours	14-15 hours	16 or more hours
①	②	③	④	⑤	⑥	⑦	⑧

11. During a usual day and night, about how many hours do you spend sleeping or lying down? Be sure to include the time you spend sleeping or trying to sleep at night, resting or napping, and lying down watching TV.

Less than 4 hours	4-5 hours	6-7 hours	8-9 hours	10-11 hours	12-13 hours	14-15 hours	16 or more hours
①	②	③	④	⑤	⑥	⑦	⑧

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The following questions are about strenuous physical activity during your first 29 years of life.

12. Strenuous physical activity means work, exercise or sports that make you breathe hard and make your heart beat faster than usual. Examples are outdoor farm chores, ballet, swimming, basketball, and track and field. On the average, on how many days per week did you do strenuous physical activity for at least 20 minutes per day when you were . . .

12.1. 5-9 years old?	None ①	1 day per week ②	2 days per week ③	3 days per week ④	4 days per week ⑤	5 or more days per week ⑥	Don't know ⑦
12.2. 10-14 years old?	None ①	1 day per week ②	2 days per week ③	3 days per week ④	4 days per week ⑤	5 or more days per week ⑥	Don't know ⑦
12.3. 15-19 years old?	None ①	1 day per week ②	2 days per week ③	3 days per week ④	4 days per week ⑤	5 or more days per week ⑥	Don't know ⑦
12.4. 20-29 years old?	None ①	1 day per week ②	2 days per week ③	3 days per week ④	4 days per week ⑤	5 or more days per week ⑥	Don't know ⑦

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The following set of questions are about your use of different fat or oils.

13. In the past three months, what kinds of fat or oil did you usually use to deep fry, pan fry, or sauté foods? (Mark the one or two used most often. If you did not use fat, mark "Did not use fat.")

- | | |
|--|--|
| <input type="radio"/> 1 Butter | <input type="radio"/> 8 Canola oil |
| <input type="radio"/> 2 Low calorie margarine | <input type="radio"/> 9 Peanut oil |
| <input type="radio"/> 3 Stick margarine | <input type="radio"/> 10 Other vegetable oils (corn, safflower, sunflower) |
| <input type="radio"/> 4 Tub margarine | <input type="radio"/> 11 Non-stick spray (e.g., Pam®) |
| <input type="radio"/> 5 Solid vegetable fat (e.g., Crisco®) | <input type="radio"/> 12 Other fat(s) |
| <input type="radio"/> 6 Shortening (lard, bacon fat, drippings, salt pork or ham hock) | <input type="radio"/> 0 Did not use fat |
| <input type="radio"/> 7 Olive oil | |

14. In the past three months, what kinds of fat or oil did you usually use when cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark "Did not use fat.")

- | | |
|--|--|
| <input type="radio"/> 1 Butter | <input type="radio"/> 8 Canola oil |
| <input type="radio"/> 2 Low calorie margarine | <input type="radio"/> 9 Peanut oil |
| <input type="radio"/> 3 Stick margarine | <input type="radio"/> 10 Other vegetable oils (corn, safflower, sunflower) |
| <input type="radio"/> 4 Tub margarine | <input type="radio"/> 11 Non-stick spray (e.g., Pam®) |
| <input type="radio"/> 5 Solid vegetable fat (e.g., Crisco®) | <input type="radio"/> 12 Other fat(s) |
| <input type="radio"/> 6 Shortening (lard, bacon fat, drippings, salt pork or ham hock) | <input type="radio"/> 0 Did not use fat |
| <input type="radio"/> 7 Olive oil | |

15. In the past three months, what kinds of fat or oil did you usually add after cooking vegetables, potatoes, beans, or rice? (Mark the one or two used most often. If you did not use fat, mark "Did not use fat.")

- | | |
|---|--|
| <input type="radio"/> 1 Butter | <input type="radio"/> 10 Other vegetable oils (corn, safflower, sunflower) |
| <input type="radio"/> 2 Low calorie margarine | <input type="radio"/> 11 Non-fat or low-fat sour cream |
| <input type="radio"/> 3 Stick margarine | <input type="radio"/> 12 Regular sour cream |
| <input type="radio"/> 4 Tub margarine | <input type="radio"/> 13 Other fat(s) |
| <input type="radio"/> 7 Olive oil | <input type="radio"/> 0 Did not use fat |
| <input type="radio"/> 8 Canola oil | |
| <input type="radio"/> 9 Peanut oil | |

16. In the past three months, what kinds of fat or oil did you usually use on breads, bagels, muffins, tortillas, and rolls? (Mark the one or two used most often. If you did not use fat, mark "Did not use fat.")

- | | |
|---|---|
| <input type="radio"/> 1 Butter | <input type="radio"/> 7 Olive oil |
| <input type="radio"/> 2 Low calorie margarine | <input type="radio"/> 13 Other fat(s) |
| <input type="radio"/> 3 Stick margarine | <input type="radio"/> 0 Did not use fat |
| <input type="radio"/> 4 Tub margarine | |

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The following questions are about coffee, tea, alcoholic drinks and smoking.

17. During the past 3 months, how often did you drink these beverages: (Mark one for each beverage.) (For coffee, large or doubles count as 2 cups.)

	Never or less than 1 per month	1-3 per month	1 per week	2-4 per week	5-6 per week	1 per day	2-3 per day	4-5 per day	6 or more per day
17.1. Regular <u>instant</u> (not decaf) coffee (cups)	①	②	③	④	⑤	⑥	⑦	⑧	⑨
17.2. Regular (not decaf) <u>espresso</u> or <u>latté</u> (cups)	①	②	③	④	⑤	⑥	⑦	⑧	⑨
17.3. Other regular drip coffee (not decaf) - drip, coffee maker, etc. (cups)	①	②	③	④	⑤	⑥	⑦	⑧	⑨
17.4. <u>Decaf</u> coffee - any type (cups)	①	②	③	④	⑤	⑥	⑦	⑧	⑨
17.5. Regular tea (not herbal, not decaf) (cups)	①	②	③	④	⑤	⑥	⑦	⑧	⑨
17.6. Herbal tea (cups)	①	②	③	④	⑤	⑥	⑦	⑧	⑨
17.7. Decaf tea (cups)	①	②	③	④	⑤	⑥	⑦	⑧	⑨
17.8. Water from the tap (8 ounce glasses)	①	②	③	④	⑤	⑥	⑦	⑧	⑨
17.9. Bottled water, carbonated or plain (8 ounce glasses)	①	②	③	④	⑤	⑥	⑦	⑧	⑨
17.10. Diet drinks, such as Diet Coke® or diet fruit drinks (12 ounce cans)	①	②	③	④	⑤	⑥	⑦	⑧	⑨

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18. During the past 3 months, have you had any drinks containing alcohol?

☐ No

☐ Yes

18.1. In the past 3 months, how often have you had drinks containing alcohol?

☐ One day per month or less

☐ 3-4 days per week

☐ 2-3 days per month

☐ 5-6 days per week

☐ 1-2 days per week

☐ Every day or about every day

18.2. In the past 3 months, on the days you drank, how many drinks did you usually have per day? (A drink is a 12 ounce glass of beer, one 4 ounce glass of wine, or one shot [1 1/4 oz.] of liquor)

☐ 1 drink

☐ 6-7 drinks

☐ 2 drinks

☐ 8-9 drinks

☐ 3 drinks

☐ 10-11 drinks

☐ 4-5 drinks

☐ 12 or more drinks

18.3. In the past 3 months, on the days you drank, how many of those drinks did you usually drink that were not around a major meal (not around lunch, not around dinner)?

☐ None

☐ 6-7 drinks

☐ 1 drink

☐ 8-9 drinks

☐ 2 drinks

☐ 10-11 drinks

☐ 3 drinks

☐ 12 or more drinks

☐ 4-5 drinks

18.4. Do you drink more than usual on special occasions?

☐ No

☐ Yes →

18.5. How often does this happen?

☐ Less than once per month

☐ Once a month

☐ 2-3 times per month

☐ Once a week or more

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19. Since you enrolled in this study, have you changed your drinking habits?

☐ No

☐ Yes

19.1. How have you changed your alcohol drinking? Have you:

Stopped

Decreased

Increased

Started

☐

☐

☐

☐

19.2. Why did you make this change? (Mark one.)

☐ Concern about current or past health problems

☐ Concern about future health

☐ Other

20. Do you smoke cigarettes now?

☐ No

☐ Yes

20.1. How many cigarettes do you usually smoke each day? (Mark one.)

☐ Less than 5

☐ 25-34

☐ 5-14

☐ 35-44

☐ 15-24

☐ 45 or more

21. Does anyone living with you now smoke cigarettes regularly inside your home?

☐ No

☐ Yes

21.1. Please mark all the people who live with you who now smoke cigarettes regularly inside your home: (Mark all that apply.)

Husband or partner

Son(s) or daughter(s)

Other person/people

☐

☐

☐

22. Do you now work in a space where people smoke cigarettes?

☐ No

☐ Yes

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The next questions are about your current living situation.

23. What is your current job status? (Mark the one that best describes you. If more than one describes you, mark both.)

- | | |
|--|---|
| <input type="radio"/> ① Not working | <input type="radio"/> ④ Employed (full-time or part-time) |
| <input type="radio"/> ② Retired | <input type="radio"/> ⑤ Disabled, unable to work |
| <input type="radio"/> ③ Homemaker, raising children,
care of others | <input type="radio"/> ⑥ Other (Specify): _____ |

24. What is your current marital status? (Mark the one that best describes you.)

- | | |
|---|--|
| <input type="radio"/> ① Never married | <input type="radio"/> ④ Presently married |
| <input type="radio"/> ② Divorced or separated | <input type="radio"/> ⑤ Living in a marriage-like relationship |
| <input type="radio"/> ③ Widowed | |

24.1. What is your husband's (partner's) current job status? (Mark one. If more than one applies, mark both.)

- | | |
|--|---|
| <input type="radio"/> ① Not working | <input type="radio"/> ④ Employed (full-time or part-time) |
| <input type="radio"/> ② Retired | <input type="radio"/> ⑤ Disabled, unable to work |
| <input type="radio"/> ③ Homemaker, raising
children, care of others | <input type="radio"/> ⑥ Other (Specify): _____ |

25. What was the total family income (before taxes) from all sources within your household in the last year? (Mark the one that is the best guess. This information is important for describing the women in the study as a group and is kept strictly confidential.)

- | | |
|--|--|
| <input type="radio"/> ① Less than \$10,000 | <input type="radio"/> ⑥ \$75,000 to \$99,999 |
| <input type="radio"/> ② \$10,000 to \$19,999 | <input type="radio"/> ⑦ \$100,000 to \$149,999 |
| <input type="radio"/> ③ \$20,000 to \$34,999 | <input type="radio"/> ⑧ \$150,000 or more |
| <input type="radio"/> ④ \$35,000 to \$49,999 | <input type="radio"/> ⑨ Don't know |
| <input type="radio"/> ⑤ \$50,000 to \$74,999 | |

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The following questions are about your health and medical care.

26. Do you have a clinic, doctor, nurse or physician assistant who provides your usual medical care?

☐ No

☐ Yes

26.1. When did you last visit this clinic or person? **(Please give your best guess.)**

☐ In the last 3 months

☐ 7-12 months ago

☐ 4-6 months ago

☐ Over a year ago

26.2. Has your usual health care provider changed in the past 3 years?

☐ No

☐ Yes

27. Do you currently have health insurance? This includes pre-paid private insurance such as a Health Maintenance Organization (HMO), other private insurance, Medicare, Medicaid (including State Medical Assistance, Medi-Cal, or DPA), or Military or Veterans Administration health care coverage.

☐ No

☐ Yes

27.1. Which of the following best describes the doctors and hospitals covered by your current health insurance? **(Mark one.)**

☐ Benefits are the same for any doctor or hospital I choose.

☐ I can use any doctor or hospital, but I must pay more for those not on a list (or identified with the plan).

☐ For my bills to be covered, I must use only the doctors and hospitals on a list (or identified with the plan).

Skip the next page and go to Question 29 on page 15.

28. Do you currently have any of the following types of health insurance: **(Please answer for each type of insurance listed.)**

28.1. Pre-paid private insurance, such as a Health Maintenance Organization (HMO), Kaiser Permanente or other Group Health-type plan?

No

Yes

☐☐

28.2. Who pays for this insurance? **(Mark all that apply.)**

☐ Costs are paid by my employer or my spouse's employer

☐ Costs are paid by me

☐ Medicare

28.3. Other private insurance such as Blue Cross, Aetna, etc.?

No

Yes

☐☐

28.4. Who pays for this insurance? **(Mark all that apply.)**

☐ Costs are paid by my employer or my spouse's employer

☐ Costs are paid by me

28.5. Medicare?

No

Yes

☐☐

28.6. Do you have additional coverage to supplement your Medicare benefits?

☐ No☐ Yes

28.7. Medicaid, including State Medical Assistance, Medi-Cal, or DPA?

No

Yes

☐☐

28.8. Military or Veterans Administration-sponsored?

No

Yes

☐☐

28.9. Other?

No

Yes

☐☐

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The next set of questions are about female hormones (estrogen or progesterone) you might have used during the past two years. Women's use of hormones has been changing – these questions help us understand your patterns of use.

Question 29 is about natural hormones you get without a doctor's prescription.

29. In the past 2 years, did you use any "natural" hormones that you can get without a doctor's prescription? These are usually made from plants and often obtained from health food stores or by mail order. They may be in the form of a pill, vaginal cream or suppository, or skin cream.

☐ No
☐ Don't know

☐ Yes



29.1. In the past 2 years, what types of "natural" hormones have you used? (Do not include hormone preparations that need a doctor's prescription.) (Mark all that apply.)

- | | |
|---|---|
| <input type="radio"/> Wild yam or progesterone creams | <input type="radio"/> Phytoestrogen creams (soy or flax) |
| <input type="radio"/> Wild yam pills | <input type="radio"/> Phytoestrogen containing foods (tofu, soybeans) |
| <input type="radio"/> Progesterone suppositories | <input type="radio"/> Other |
| <input type="radio"/> DHEA (dehydroepiandrosterone) pills | <input type="radio"/> Don't know |
| <input type="radio"/> Phytoestrogen pills (soy or flax) | |

Go to the next page.

The next questions (30-37) are about female hormones you get with a doctor's prescription.

30. In the past 2 years, did you use female hormones (ESTROGEN or PROGESTERONE) that were prescribed by a doctor? (This may have been in the form of a pill, skin patch, shot, or vaginal cream or suppository.)

☐ 1 Yes☐ 0 No☐ 9 Don't know

→ Go to Question 38 on the last page.

31. In the past 2 years, did you use female hormone PILLS prescribed by a doctor which contained both ESTROGEN and progestin (PROGESTERONE) COMBINED in the same pill or package (for example, Prempro, Premphase)? (Do not include use of two separate estrogen and progestin pills used at the same time.)

☐ 0 No☐ 9 Don't know☐ 1 Yes

31.1. In the past 2 years, how many months did you use COMBINED female hormone PILLS which contained both ESTROGEN and PROGESTIN?

☐ 1 Less than 1 month☐ 2 1-6 months☐ 3 7-10 months☐ 4 11-12 months☐ 5 13-18 months☐ 6 19-24 months

32. In the past 2 years, did you use female hormone PILLS prescribed by a doctor which contained both ESTROGEN and TESTOSTERONE COMBINED in the same pill (for example, Estratest)?

☐ 0 No☐ 9 Don't know☐ 1 Yes

32.1. In the past 2 years, how many months did you use COMBINED female hormone pills which contained both ESTROGEN and TESTOSTERONE?

☐ 1 Less than 1 month☐ 2 1-6 months☐ 3 7-10 months☐ 4 11-12 months☐ 5 13-18 months☐ 6 19-24 months

32.2. In the past 2 years, what type of COMBINED ESTROGEN and TESTOSTERONE pill did you use the longest?

☐ 1 Estratest☐ 2 Estratest HS☐ 3 Other

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33. In the past 2 years, did you use ESTROGEN PILLS which were prescribed by a doctor (for example, Premarin, Estrace, Ogen)? **(Do not include the combined pill of estrogen and progestin or the combined pill of estrogen and testosterone.)**

☐ No
☐ Don't know

☐ Yes

33.1. In the past 2 years, how many months did you use ESTROGEN PILLS?

- | | |
|---|------------------------------------|
| <input type="radio"/> Less than 1 month | <input type="radio"/> 11-12 months |
| <input type="radio"/> 1-6 months | <input type="radio"/> 13-18 months |
| <input type="radio"/> 7-10 months | <input type="radio"/> 19-24 months |

33.2. In the past 2 years, when you were using ESTROGEN pills, what was the average number of days each month you used the pills?

- | | |
|---------------------------------------|---------------------------------------|
| <input type="radio"/> Less than 1 day | <input type="radio"/> 15-21 days |
| <input type="radio"/> 1-7 days | <input type="radio"/> 22-27 days |
| <input type="radio"/> 8-14 days | <input type="radio"/> 28 or more days |

33.3. In the past 2 years, what type of ESTROGEN pill did you use the longest?

- | | |
|---|----------------------------------|
| <input type="radio"/> Premarin or conjugated equine estrogens | <input type="radio"/> Ogen |
| <input type="radio"/> Estrace | <input type="radio"/> Other |
| | <input type="radio"/> Don't know |

33.4. What dose did you usually take each day? **(Mark one. If you regularly take more than one dose, mark the lowest dose.)**

- | | |
|--------------------------------|----------------------------------|
| <input type="radio"/> 0.3 mg | <input type="radio"/> 2 mg |
| <input type="radio"/> 0.625 mg | <input type="radio"/> 2.5 mg |
| <input type="radio"/> 0.9 mg | <input type="radio"/> Other |
| <input type="radio"/> 1 mg | <input type="radio"/> Don't know |
| <input type="radio"/> 1.25 mg | |

34. In the past 2 years, did you take shots containing the hormone ESTROGEN?

☐ No
☐ Don't know

☐ Yes

34.1. In the past 2 years, how many months did you take the shots? **(Count each shot as one month.)**

- | | |
|---|------------------------------------|
| <input type="radio"/> Less than 1 month | <input type="radio"/> 11-12 months |
| <input type="radio"/> 1-6 months | <input type="radio"/> 13-18 months |
| <input type="radio"/> 7-10 months | <input type="radio"/> 19-24 months |

Go to the next page.

35. In the past 2 years, did you use a vaginal cream or suppository containing ESTROGEN which was prescribed by a doctor?

☐ No☐ Don't know☐ Yes

- 35.1. In the past 2 years, how many months did you use the vaginal cream or suppository?

☐ 1 Less than 1 month☐ 2 1-6 months☐ 3 7-10 months☐ 4 11-12 months☐ 5 13-18 months☐ 6 19-24 months

36. In the past 2 years, did you use a SKIN PATCH containing the hormone ESTROGEN with or without PROGESTERONE (for example, Estraderm, Climera, Vivelle)?

☐ No☐ Don't know☐ Yes

- 36.1. In the past 2 years, how many months did you use the patch?

☐ 1 Less than 1 month☐ 2 1-6 months☐ 3 7-10 months☐ 4 11-12 months☐ 5 13-18 months☐ 6 19-24 months

- 36.2. In the past 2 years, what type of patch did you use the longest?

☐ 1 ESTROGEN only (for example, Estraderm, Climara, Vivelle)☐ 2 ESTROGEN plus PROGESTERONE☐ 3 Other☐ 4 Don't know

- 36.3. What dose of ESTROGEN was in the skin patch you usually used?

☐ 1 0.05 mg☐ 2 0.1 mg☐ 3 Other☐ 4 Don't know

- 36.4. What was the average number of times each week that you changed your skin patch?

☐ 1 Less than once each week☐ 2 1-2 times each week☐ 3 3-4 times each week☐ 4 5 or more times each week

Go to the next page.



PLEASE MAKE NO MARKS IN THIS AREA

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Question 37 is about products that contain the hormone PROGESTERONE (progestin) and not ESTROGEN.

37. In the past 2 years, did you use the female hormone PILL called PROGESTERONE or progestin (for example, Provera, Cycrin, Amen, Megace)? **(Do not include the combined pill of estrogen and progestin.)**

☐ 1 Yes

☐ 0 No

☐ 9 Don't know

→ **Go to question 38
on the next page.**

37.1. In the past 2 years, how many months did you use PROGESTERONE or PROGESTIN pills?

☐ 1 Less than 1 month

☐ 2 1-6 months

☐ 3 7-10 months

☐ 4 11-12 months

☐ 5 13-18 months

☐ 6 19-24 months

37.2. In the past 2 years, when you were using PROGESTERONE or progestin pills, what was the average number of days each month you used the pills?

☐ 1 Less than 1 day

☐ 2 1-9 days

☐ 3 10-12 days

☐ 4 13-18 days

☐ 5 19-27 days

☐ 6 28 or more days

37.3. In the past 2 years, what type of PROGESTERONE or progestin pill did you use the longest?

☐ 1 Provera, Cycrin or Amen (Medroxy Progesterone)

☐ 2 Megace

☐ 3 Micronized Progesterone

☐ 8 Other

☐ 9 Don't know

37.4. What dose did you usually take each day? **(Mark one. If you regularly take more than one dose, mark the lowest dose.)**

☐ 1 2.5 mg

☐ 2 5 mg

☐ 3 7.5 mg

☐ 4 10 mg

☐ 5 20 mg

☐ 6 40 mg

☐ 7 More than 40 mg

☐ 8 Other

☐ 9 Don't know

Go to the next page.

38. Since you enrolled in this study, has a doctor told you that you have any of the following conditions? (Please mark one response for each condition.)

	No	Yes, less than 12 months ago	Yes, 12-23 months ago	Yes, 24 or more months ago
38.1. Cataract(s)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.2. Macular degeneration of the retina	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.3. Asthma	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.4. Emphysema or chronic bronchitis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.5. Heart failure or congestive heart failure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.6. Angina (chest pains from the heart)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.7. Atrial fibrillation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.8. Kidney or bladder stones (renal or urinary calculi)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.9. Dialysis for kidney or renal failure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.10. Stomach or duodenal ulcer	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.11. Diverticulitis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.12. Pancreatitis (inflamed pancreas)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.13. Liver disease (chronic active hepatitis, cirrhosis, or yellow jaundice)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.14. Overactive thyroid	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.15. Underactive thyroid	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.16. Alzheimer's disease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.17. Multiple sclerosis	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.18. Parkinson's disease	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
38.19. Amyotrophic Lateral Sclerosis (ALS, motor neuron disease, or Lou Gehrig's disease)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

