

UCSD ACTRI

Center for Life Course and Vulnerable Population
presents a symposium:

Taking Charge of Your Magnificent Menopause

Thursday, March 3rd 10:00 AM - 2:30 PM PST

Open to the general public, menopause researchers
and all health care providers. The event will be both virtual and in-person.

Agenda

- 10:00 - 10:40 am **SWAN - Scientific Paradigm Shifts**
Samar El Khoudary, PhD, MPH; Nanette Santoro, MD
- 10:40 - 11:20 am **MsFLASH - Scientific Paradigm Shifts**
Katherine Guthrie, PhD; Andrea LaCroix, PhD; Susan Reed, MD, MPH
- 11:20 - 11:45 am **Sleep**
Sue McCurry, PhD; Hadine Joffe, MD, MSc.
- 11:45 am - 12:30 pm **Lunch**
- 12:30 - 12:55 pm **Vaginal Health**
Caroline Mitchell, MD, MPH
- 12:55 - 1:20 pm **MyMenoPlan**
Katherine Newton, PhD; Leslie Snyder, PhD
- 1:20 - 2:10 pm **KEYNOTE**
Martha Hickey, BA (Hons), MSc (Clin Psych), MBChB, FRANZCOG, MD
- 2:10 - 2:30 pm **Panel wrap-up and Q&A session**

Registration for in-person:

<https://www.eventbrite.com/e/256343128197>

Registration for virtual:

<https://www.eventbrite.com/e/254736582977>

Sponsors:

UCSD Center for Life Course Research (Director: Gretchen Bandoli, PhD)

UCSD Women's Health Center of Excellence at Herbert Wertheim School of Public Health and Human Longevity Science (Director: Andrea LaCroix, PhD)

MsFLASH (Principal Investigators: Katherine Guthrie, PhD; Andrea LaCroix, PhD; Susan Reed, MD, MPH)

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