Taking Charge of Your Magnificent Menopause

Thursday, March 3rd  10:00 AM - 2:30 PM PST

Open to the general public, menopause researchers and all health care providers. The event will be both virtual and in-person.

Agenda

10:00 - 10:40 am  **SWAN - Scientific Paradigm Shifts**
Samar El Khoudary, PhD, MPH; Nanette Santoro, MD

10:40 - 11:20 am  **MsFLASH - Scientific Paradigm Shifts**
Katherine Guthrie, PhD; Andrea LaCroix, PhD; Susan Reed, MD, MPH

11:20 - 11:45 am  **Sleep**
Sue McCurry, PhD; Hadine Joffe, MD, MSc.

11:45 am - 12:30 pm  **Lunch**

12:30 - 12:55 pm  **Vaginal Health**
Caroline Mitchell, MD, MPH

12:55 - 1:20 pm  **MyMenoPlan**
Katherine Newton, PhD; Leslie Snyder, PhD

1:20 - 2:10 pm  **KEYNOTE**
Martha Hickey, BA (Hons), MSc (Clin Psych), MBChB, FRANZCOG, MD

2:10 - 2:30 pm  **Panel wrap-up and Q&A session**

Registration for in-person:
https://www.eventbrite.com/e/256343128197

Registration for virtual:
https://www.eventbrite.com/e/254736582977

Sponsors:
UCSD Center for Life Course Research (Director: Gretchen Bandoli, PhD)

UCSD Women’s Health Center of Excellence at Herbert Wertheim School of Public Health and Human Longevity Science (Director: Andrea LaCroix, PhD)

MsFLASH (Principal Investigators: Katherine Guthrie, PhD; Andrea LaCroix, PhD; Susan Reed, MD, MPH)