WHI COVID-19 Survey
(Part 2)

Data as of November 1, 2020
• Recap: Survey sent out in Summer 2020 to about 64,000 participants.

Almost **50,000** were returned - Thank you!

![Month Returned Chart](chart.png)
Number of people living in same household, including yourself:

<table>
<thead>
<tr>
<th>Number in household</th>
<th>N</th>
<th>Percent</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>21065</td>
<td>43.7</td>
</tr>
<tr>
<td>2</td>
<td>18858</td>
<td>39.1</td>
</tr>
<tr>
<td>3</td>
<td>2806</td>
<td>5.8</td>
</tr>
<tr>
<td>4</td>
<td>911</td>
<td>1.9</td>
</tr>
<tr>
<td>5 or more</td>
<td>1207</td>
<td>2.5</td>
</tr>
</tbody>
</table>
Change in living arrangement due to pandemic?
Yes, N=3,351 (7%)

Type of Change

- Family or friends moved in: 495
- Moved in with other family or friends: 356
- Household members moved away: 148
- Moved into care facility: 233
- Care provider now comes to help: 190
- Care provider no longer comes to help: 92
- Moved out of care facility: 61

Number of women
How often do you communicate with others living outside of your home?

- 48% Every day
- 34% Several times per week
- 11% 1-2 times per week
- 4% Once per week
- 3% Rarely or never
Communication with others outside home compared to before pandemic

- More often: 16%
- About the same: 58%
- Less often: 27%
How are you staying in touch?

- By telephone: 97%
- By email: 61%
- Speaking in person: 39%
- With video calls: 33%
- By postal mail: 32%
- By social media: 31%
New actions taken to help family, friends and community during the pandemic

- Contacting friends/family to keep in touch: 71%
- Donating money: 30%
- Making masks for others: 11%
- Getting food/medicine for others: 10%
- Other: 4%
- Providing childcare: 2%
- Donating blood: 2%

Contacting friends/family to keep in touch is the most common action taken, followed by donating money.
Four questions asked about level of stress: responses then added to create a summary

In the past 4 weeks how often have you felt...

27. That you were unable to control the important things in your life?
28. Confident about your ability to handle your personal problems?
29. That things were going your way?
30. That difficulties were piling up so high that you could not overcome them?
Current Level of Overall Well-Being

- Excellent: 10%
- Very good: 39%
- Good: 37%
- Fair: 12%
- Poor: 2%
- Very poor: 0.3%
Coming later this spring !!!

A follow-up survey on the continued impact of the pandemic on your lives. Watch your mail or email and please consider responding – thank you