

MPEDs available from WHI FFQ (alphabetically listed)

SAS Name	Label
ADD_SUG	MPED: Teaspoon equivalents of added sugars
A_BEV	MPED: Total drinks of alcohol
DISCFAT_OIL	MPED: Grams of discretionary Oil
DISCFAT_SOL	MPED: Grams of discretionary Solid fat
D_CHEESE	MPED: Number of cheese cup equivalents
D_MILK	MPED: Number of milk cup equivalents
D_MILKISM	MPED: Number of milk cup equivalents (including soymilk)
D_TOTAL	MPED: Total number of milk group (milk, yogurt & cheese) cup equivalents
D_YOGURT	MPED: Number of yogurt cup equivalents
F_CITMLB	MPED: Number of citrus, melon, berry cup equivalents
F_NJ_CITMLB	MPED: Number of non-juice citrus, melon, berry cup equivalents
F_NJ_OTHER	MPED: Number of other non-juice fruit cup equivalents
F_NJ_TOTAL	MPED: Total number of non-juice fruit cup equivalents
F_OTHER	MPED: Number of other fruit cup equivalents
F_TOTAL	MPED: Total number of fruit cup equivalents
G_NWHL	MPED: Number of non-whole grain ounce equivalents
G_TOTAL	MPED: Total number of grain ounce equivalents
G_WHL	MPED: Number of whole grain ounce equivalents
LEGUMES	MPED: Number of cooked dry beans and peas cup equivalents
M_EGG	MPED: Oz equivalents of lean meat from eggs
M_FISH_HI	MPED: Oz cooked lean meat from fish, other seafood high in Omega-3
M_FISH_LO	MPED: Oz cooked lean meat from fish, other seafood low in Omega-3
M_FRANK	MPED: Oz cooked lean meat from franks, sausages, luncheon meats
M_MEAT	MPED: Oz cooked lean meat from beef, pork, veal, lamb, and game
M_MPF	MPED: Oz cooked lean meat from meat, poultry, fish
M_NUTSD	MPED: Oz equivalents of lean meat from nuts and seeds
M_ORGAN	MPED: Oz cooked lean meat from organ meats
M_POULT	MPED: Oz cooked lean meat from chicken, turkey, and other poultry
M_SOY	MPED: Oz equivalents of lean meat from soy product
M_SOYESM	MPED: Oz equivalents of lean meat from soy product (excluding soymilk)
V_DRKGR	MPED: Number of dark-green vegetable cup equivalents
V_ORANGE	MPED: Number of orange vegetable cup equivalents
V_OTHER	MPED: Number of other vegetable cup equivalents
V_POTATO	MPED: Number of white potato cup equivalents
V_STARCHY	MPED: Number of other starchy vegetable cup equivalents
V_TOMATO	MPED: Number of tomato cup equivalents
V_TOTAL	MPED: Total number of vegetable cup equivalents, excl legumes