



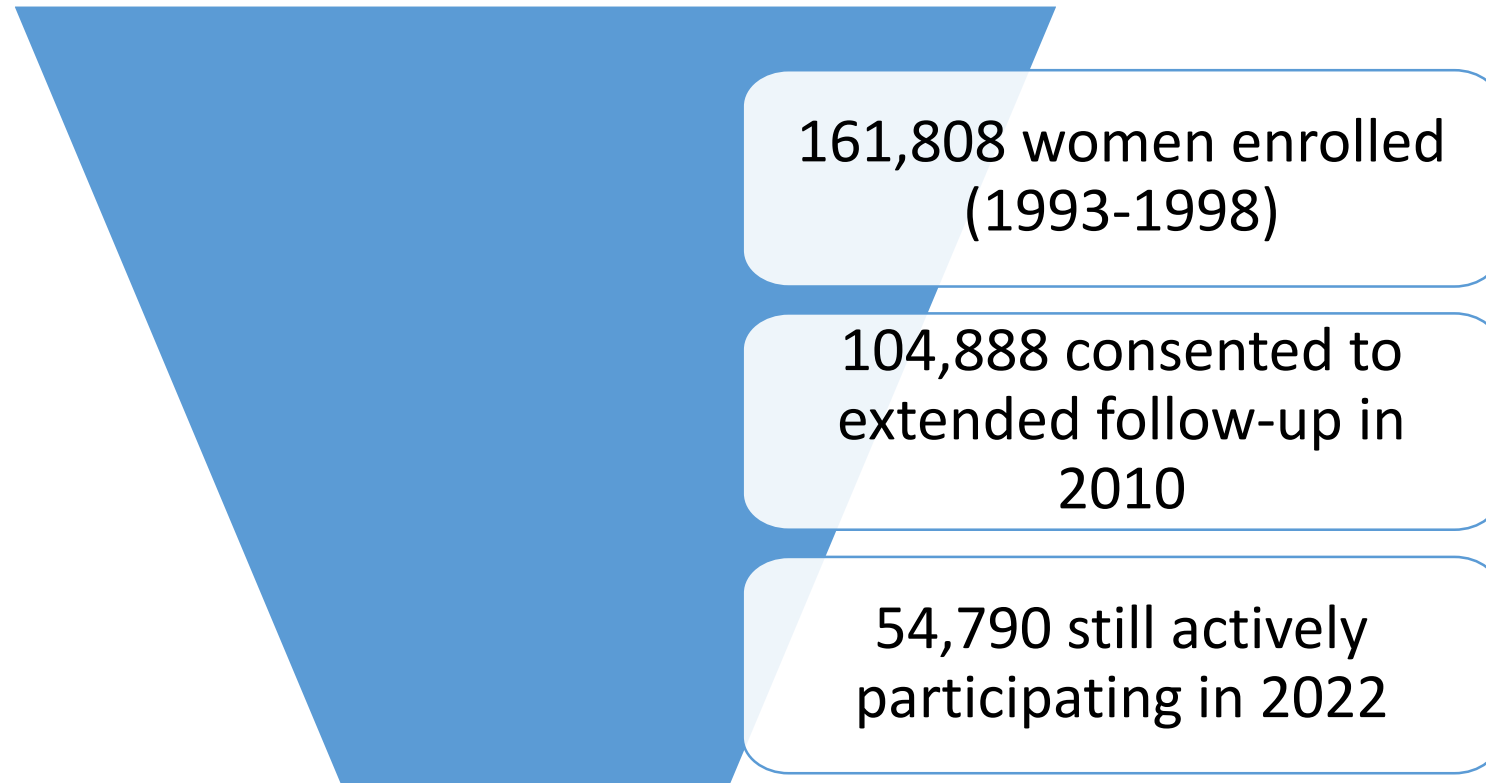
**THE WOMEN'S
HEALTH INITIATIVE**

Garnet Anderson

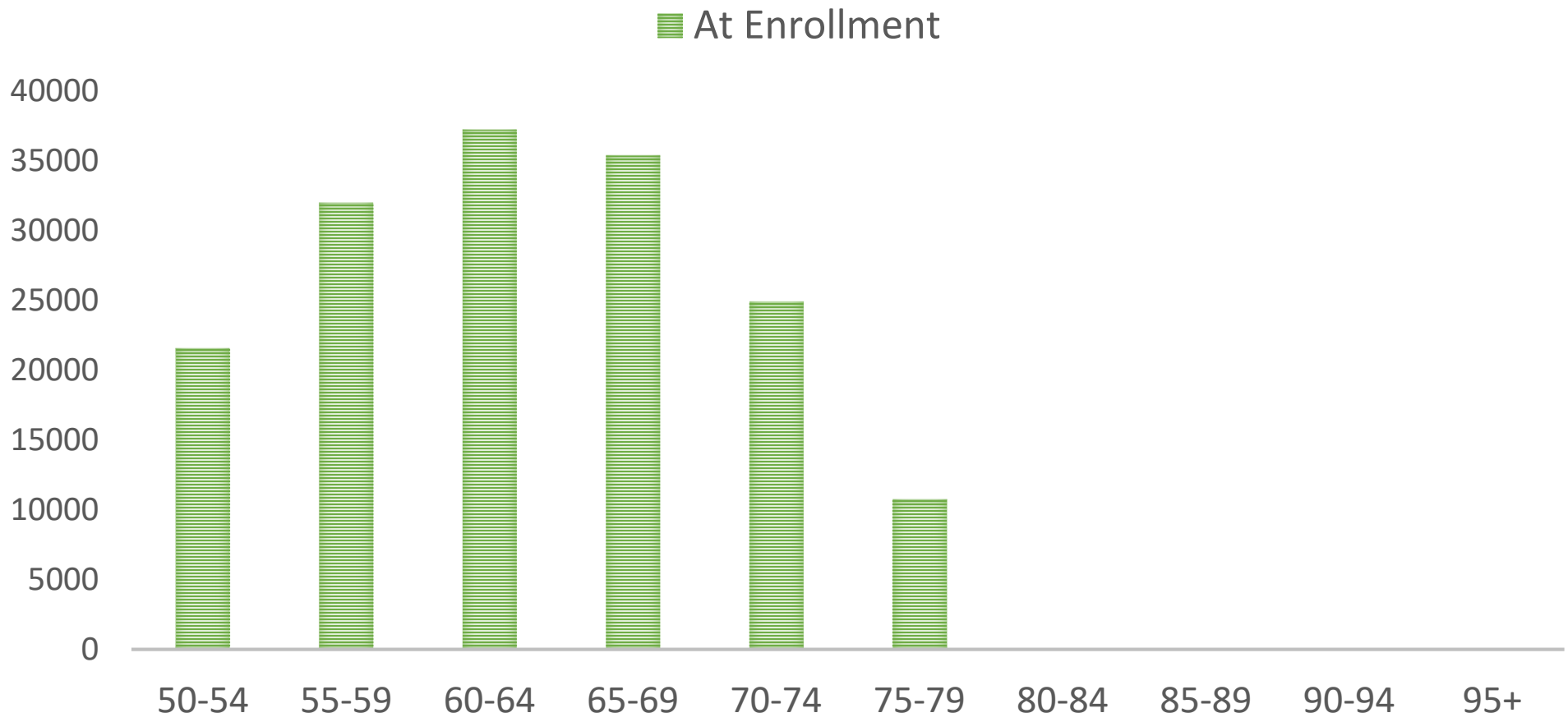
WHI Clinical Coordinating Center

July 20, 2022

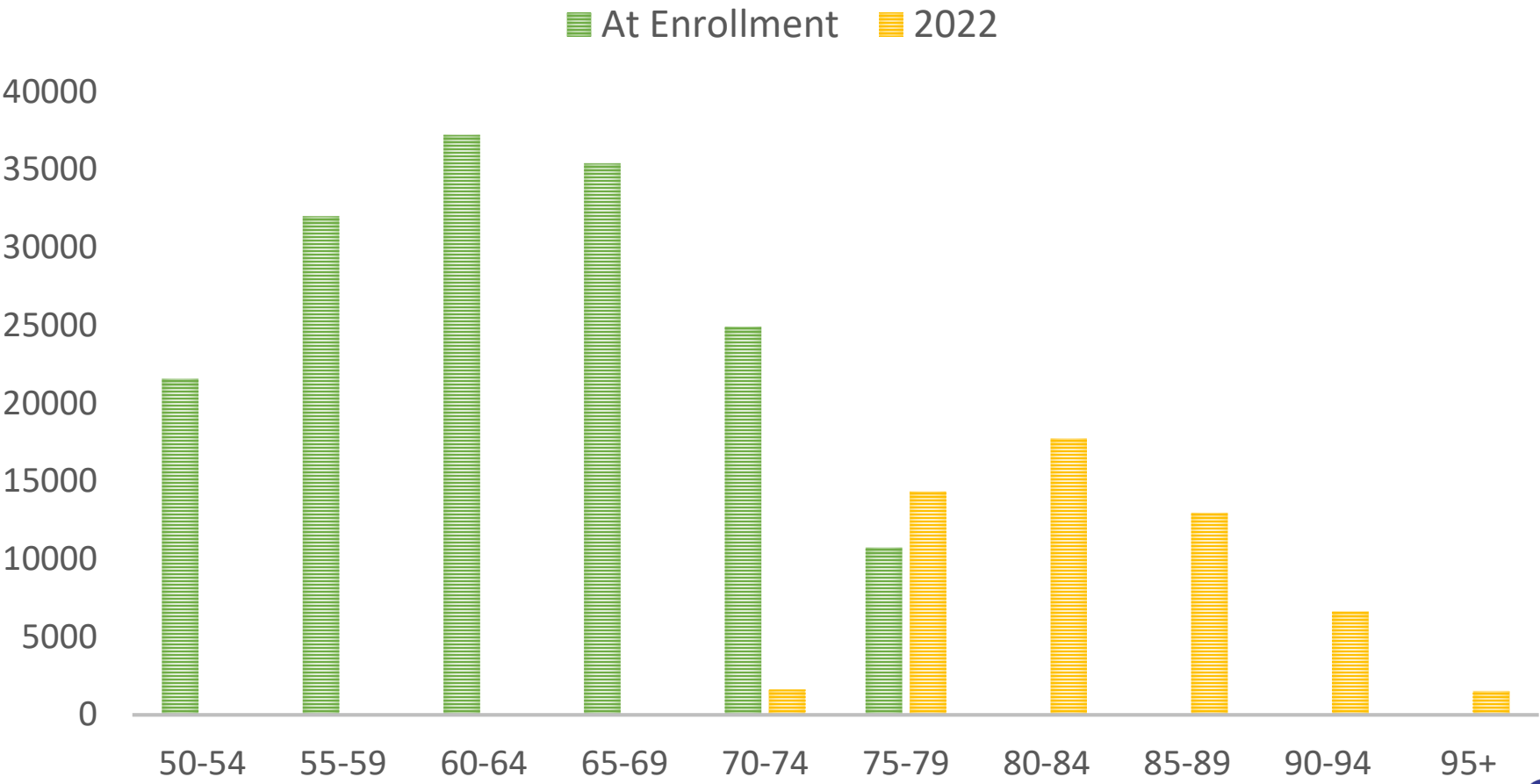
Status of the WHI cohort



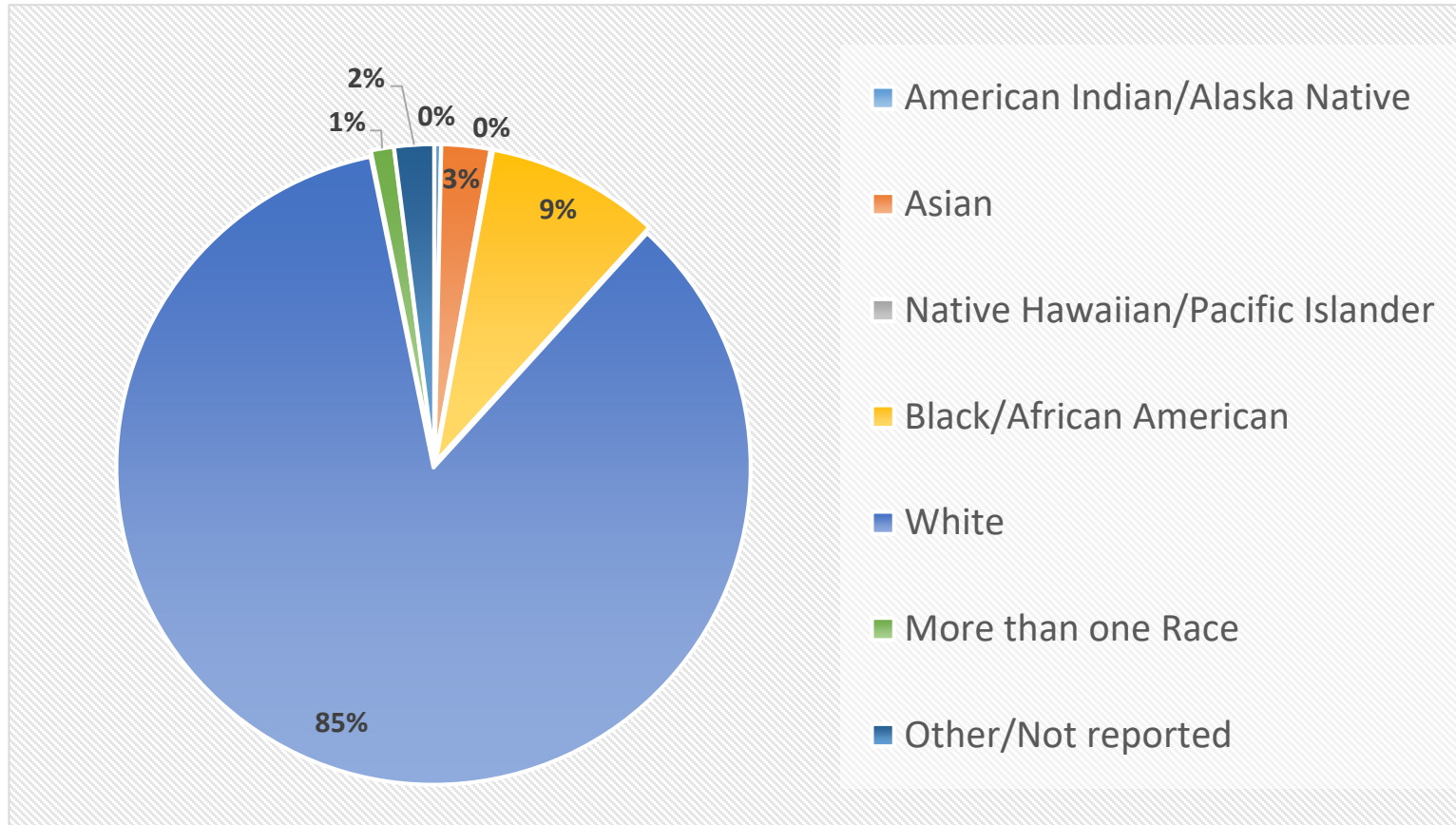
The evolution of the cohort by age



The evolution of the cohort by age

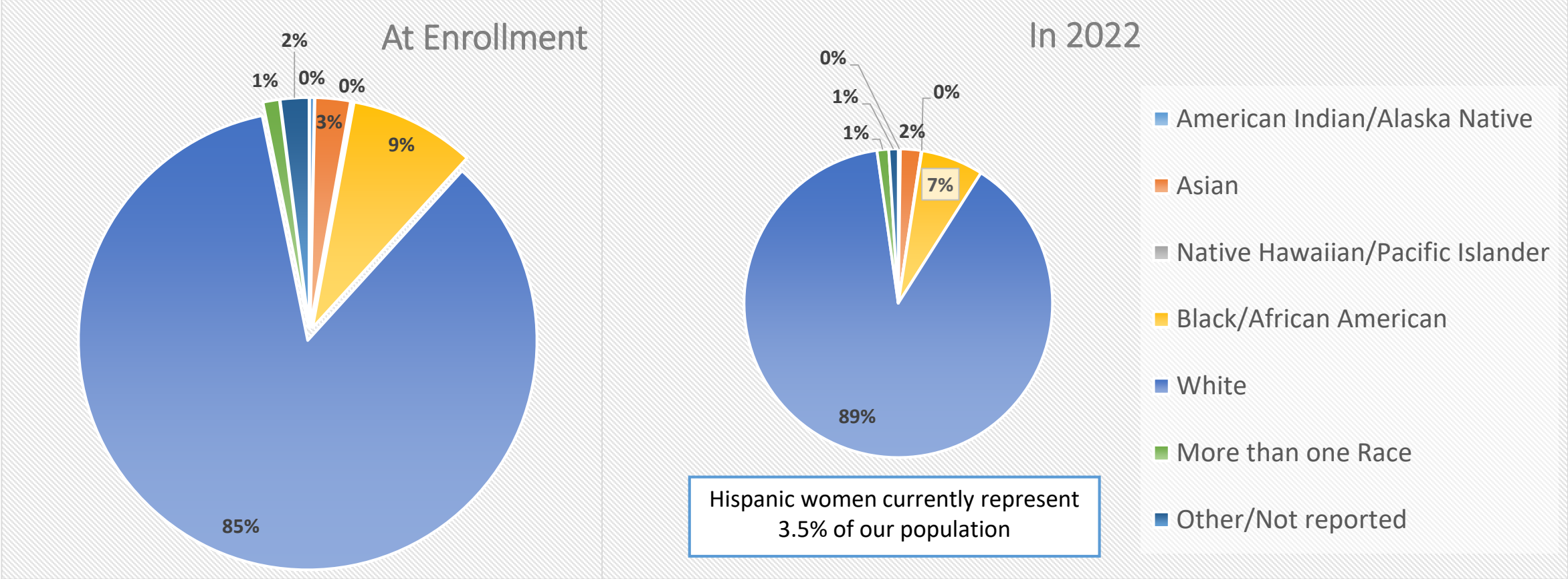


Racial diversity at enrollment



Hispanic women of all races made up 4.5% of our population

Racial diversity has declined with time

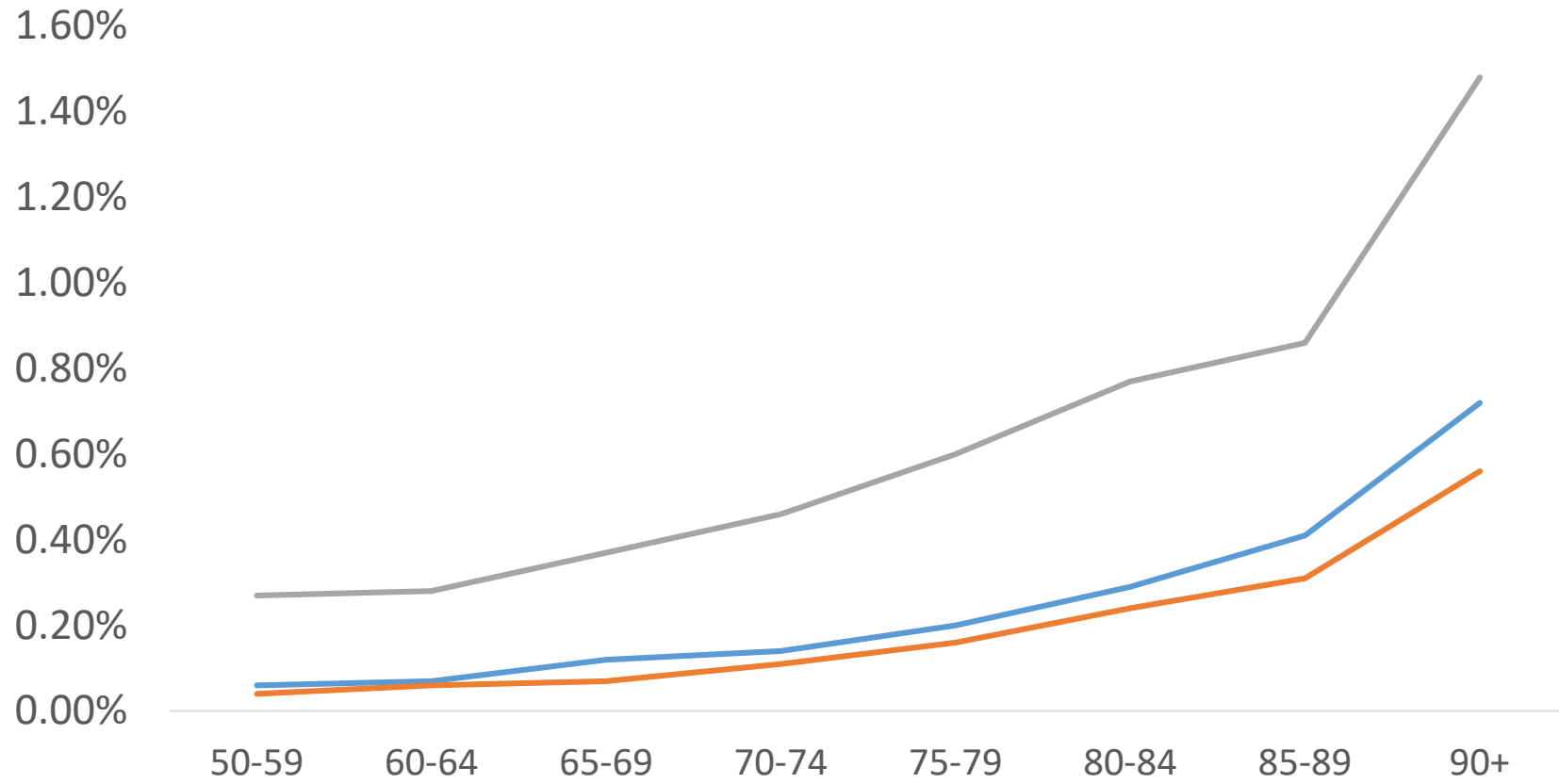


Educational achievement of current WHI participants

- 49% have college degrees or higher
- 35% have done some training after high school
- 14% received a high school diploma or GED
- About 2% did not finish high school

Cardiovascular Event Rates (per year) by Age

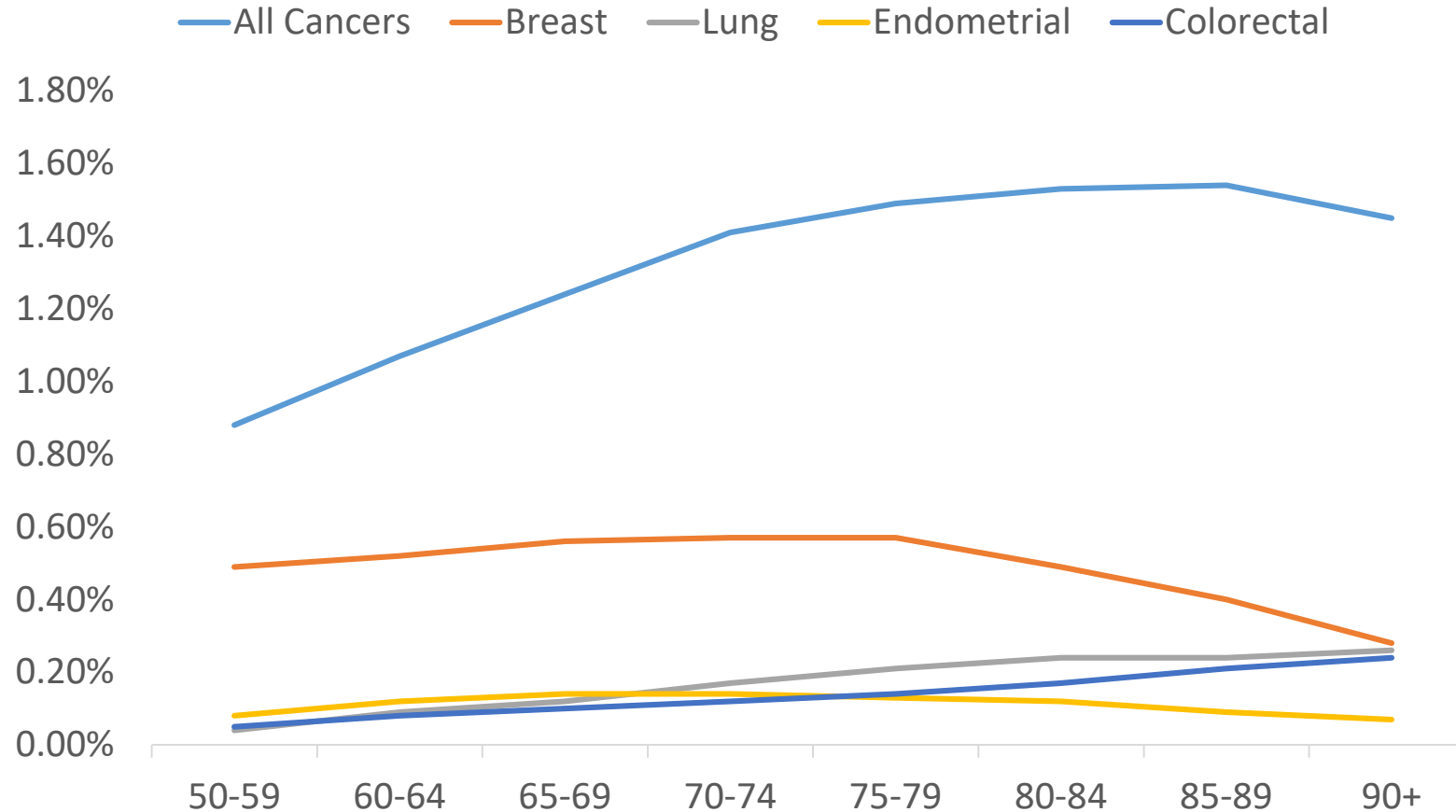
— CHD — Stroke — Total CVD



Documented events:

- 28,318 Total CVD
- 9442 CHD
- 7593 Strokes

Cancer Event Rates (per year) by Age



- Documented events:
- 36,778 cancers, total
 - 14,181 breast
 - 4,535 lung
 - 3,605 colorectal
 - 1,926 endometrial

Selected other new diagnoses we are tracking

- 63,464 Hypertension
- 53,458 Osteoarthritis
- 48,674 Cataracts
- 35,417 Osteoporosis
- 26,964 Diabetes





Long Life Study

In 2012-13, we conducted a home visit among ~8000 participants, including

- Brief physical exam
- Physical function assessments
- Fasting blood draw

Purpose:

Study factors associated with healthy aging, particularly physical function

Examine trends in selected factors associated with aging, health (and disease)

Long Life Study-2

- WHI is funded to repeat this study
- Who will be involved?
 - Mostly the same women who did the first Long-Life Study (~4200)
 - Up to 2000 women in the LILAC substudy
- When will it happen?
 - Rolling invitations will be over the 18 months, starting within a few weeks
- Who will conduct the visits?
 - A national company with trained staff will come to each participant's home
- Will it be safe?
 - High quality COVID protections will be required for all staff

Other activities related to the Long-Life Study

If you agree to be part of the Long Life study, you may be invited to participate in other activities as well.

You are free to accept or decline any or all of these efforts.

We hope you will give each careful consideration.





THE WOMEN'S
HEALTH INITIATIVE

Thank you for your continued interest
and participation in WHI