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Healthy Yogurt Ranch Dressing

★★★★★ (15 votes, average: 4.27 out of 5)

15 min prep

8 servings

8 ingredients

Greek yogurt is the key to this delicious version of Healthy Yogurt Ranch Dressing. It has fewer calories than classic recipes, but more protein and a lot less fat thanks to the yogurt. Best yet, it sacrifices none of the taste we know and love.



Ingredients

- 1 tablespoon dried parsley
- ½ teaspoon dried dill weed
- 1 teaspoon garlic powder
- 1 teaspoon onion powder
- 1 tablespoon kosher salt
- ½ teaspoon ground black pepper
- 1 teaspoon honey
- 2 cups 2% Greek yogurt

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Directions

1. In a small bowl, combine the parsley, dill, garlic powder, onion powder, salt, and black pepper. Mix until are evenly distributed.
2. Stir the spice mixture and honey into the Greek yogurt until thoroughly combined.

